**Embodied Living Counseling**
140 Point Judith Rd, Suite 23
Narragansett, RI 02882-3477
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## Informed Consent for Psychotherapy

Client Name: _____ Client DOB: _____

### General Information

The therapeutic relationship is unique in that it is a highly personal and at the same time, a contractual agreement. Given this, it is important for us to reach a clear understanding about how our relationship will work, and what each of us can expect. This consent will provide a clear framework for our work together. Feel free to discuss any of this with your therapist. Please read and indicate that you have reviewed this information and agree to it by signing at the end of this document.

### The Therapeutic Process

You have taken a very positive step by deciding to seek therapy. The outcome of your treatment depends largely on your willingness to engage in this process, which may, at times, result in considerable discomfort. Remembering unpleasant events and becoming aware of feelings attached to those events can bring on strong feelings of anger, depression, anxiety, etc. There are no miracle cures. We cannot promise that your behavior or circumstance will change. We can promise to support you and do our very best to understand you and your repeating patterns, as well as to help you clarify what it is that you want for yourself.

### Confidentiality

The session content and all relevant materials to the client's treatment will be held confidential unless the client requests in writing to have all or portions of such content released to a specifically named person/persons. Limitations of such client held privilege of confidentiality exist and are itemized below:

1. If a client threatens or attempts to commit suicide or otherwise conducts him/her self in a manner in which there is a substantial risk of incurring serious bodily harm.
2. If a client threatens grave bodily harm or death to another person.
3. If the therapist has a reasonable suspicion that a client or other named victim is the perpetrator, observer of, or actual victim of physical, emotional or sexual abuse of children under the age of 18 years.
4. Suspicions as stated above in the case of an elderly person who may be subjected to these abuses.
5. Suspected neglect of the parties named in items #3 and # 4.
6. If a court of law issues a legitimate subpoena for information stated on the subpoena.
7. If a client is in therapy or being treated by order of a court of law, or if information is obtained for the purpose of rendering an expert's report to an attorney.

Embodied Living Counseling, LLC holds group supervisions twice per month, individual supervisions for all independently licensed clinicians one to two times per month, and/or weekly individual supervision for clinicians with provisional licensure who are actively working towards independent licensure.

Additionally, we may need to consult with other professionals in their areas of expertise in order to provide the best treatment for you. Information about you may be shared in this context without using identifying information about you (i.e. name, etc.).

If we see each other accidentally outside of the therapy office, your therapist will not acknowledge you first. Your right to privacy and confidentiality is of the utmost importance to us, and we do not wish to jeopardize your privacy. However, if you acknowledge your therapist first, we will be more than happy to speak briefly with you if appropriate but will not engage in any lengthy discussions in public or outside of the therapy office.

### Documentation: AUDIO RECORDING FOR NOTE TRANSCRIPTION

Purpose and Functionality: Embodied Living Counseling now is utilizing iQ for session documentation. iQ is a Scribe tool that uses artificial intelligence to summarize clinical documentation. iQ works by listening to the conversation during your appointment and then summarizing the session into clinical note suggestions to assist your clinician in reviewing and documenting your health record. iQ does not make any decisions regarding consumer care nor does it interact directly with you.

Benefits for consumers: iQ benefits both the clinician and consumers by improving the accuracy of clinical documentation, reducing documentation interruptions during appointments, allowing the clinician to focus on the consumer.

Privacy and Security: Privacy and Security is a top priority. iQ complies with HIPAA and the Assistant Secretary of Technology Policy/Office of the National Coordinator regulations for Predictive Decision Support Interventions. iQ is an AI Scribe tool that is available as part of electronic health record and is not a separate tool or system limiting the risk of data exposure. iQ session audio capture and transcripts are deleted following the session. No consumer data is used to train the AI system without additional consumer consent.

BY SIGNING BELOW I AM AGREEING THAT I HAVE READ, UNDERSTOOD AND AGREE TO THE ITEMS CONTAINED IN THIS DOCUMENT.

Client DoB:

Client (or Parent/Legal Guardian) Signature:

If signing as a parent/guardian, please input your name below:

Date: