



Brianna Lindsay

MASTERS LEVEL CLINICAL INTERN



Bio

Brianna has experience using Cognitive Behavioral Therapy (CBT), Motivational Interviewing (MI), over eight years of professional experience working with children under 3 with medical/educational and physical disabilities and delays, and currently facilitates two socialization groups that emphasize social interaction, sensory regulation, and developmental skill-building. She is currently in her internship period in Salve Regina University's Clinical Mental Health Counseling Program, and has a B.A. Psychology, B.S. in Human Development and a minor in Spanish.

Contact Info



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Message to Clients

As your therapist, her goal is to support your child's social-emotional development by helping them build insight, regulation skills, and confidence in expressing their feelings. She strives to create a safe, developmentally attuned space where children can process experiences in ways that feel empowering and meaningful. She also works collaboratively with parents, offering clear and compassionate guidance to deepen their understanding of diagnoses and their child's unique needs. Through this partnership, she aims to strengthen family systems and promote resilience, growth, and long-term well-being.

Interested in therapy with Brianna?

Feel free to contact us by visiting our website and filling out our "Become a Client" form or calling our Medical Receptionist, Priscilla, to make an appointment.

